



# The Facts About Anchored Dentures

## Dentures? Really?

If you've always assumed dentures are for other people, you're not alone. In fact, nearly 60% of people who took part in a recent Prevention.com survey said they don't expect to need a tooth replacement solution because they take good care of their teeth.

But the truth is, dentures are more prevalent than you might think. According to the Centers for Disease Control and Prevention, 17 in every 100 adults ages 65 and older have had all of their natural teeth removed.

Approximately 20 million women ages 40 and over (or 19% of the population) wear full or partial dentures. According to research published in The Journal of Prosthetic Dentistry, the number of U.S. adults needing dentures is projected to increase from 33.6 million in 1991 to 37.9 million in 2020.

In other words, you're not alone in your search for a solution to dental problems. Meanwhile, putting off the inevitable comes with high risks.

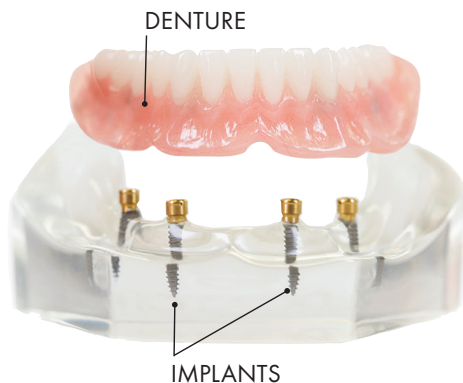
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## What are Implant-Anchored Dentures?

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An “implant-anchored denture” is a type of dental prosthetic that can be used to replace an entire arch of missing teeth. A patient who has many missing or failing teeth, or is currently wearing traditional dentures or a fixed bridge, often considers implant-anchored dentures for a full-mouth restoration. Rather than using metal clasps or natural suction to stay in place, it relies on multiple dental implants placed directly into the jawbone. The denture itself can then be fitted onto these implants, helping them stay in place unlike traditional methods that need glues and other adhesives.

A full-mouth restoration is exactly what it sounds like, restoring natural-looking teeth to both arches. Upper and lower teeth are supported by multiple dental implants – spread evenly across the jaw. Patients can expect to get their old smile back and enjoy much more natural chewing and eating compared to regular traditional dentures.



## Anchored Dentures vs. Traditional Dentures

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For those of you who are already wearing a traditional denture, you already have experienced the potential negative effects. Conventional dentures often come with a stigma. You’ve seen the pictures of dentures in a glass. Too many people don’t wear them because dentures just don’t stay in place.

Implant-anchored dentures, on the other hand, offer a wide range of benefits when compared side-by-side to traditional dentures:

**Stability:** The denture itself is held in place using titanium posts located within the jaw, providing stability unlike traditional dentures where patients experience slipping and sliding. No need for adhesives or pastes!

**Comfort:** Traditional dentures usually have a plate that covers the roof of the mouth to provide stability, and this can limit a person’s ability to taste food or even cause them to gag. With an implant-anchored denture, the prosthetic itself is much smaller, making them more comfortable. In most cases there is no plastic covering the roof of the mouth. It’s a more natural look and feel.

**Better Fit:** Dental implants help support the jaw from within, which can prevent the jaw from shrinking or changing shape over time. This helps the denture maintain its fit for much longer. Facial structures are maintained so patients often say they look and feel younger as a result.

**Stronger Bite Force:** Patients with implant-anchored dentures are typically able to enjoy a much healthier diet because they are able to eat a wider variety of foods than with a traditional denture.

### Improved bone retention and related oral

**health benefits:** Because implants are secured in the jaw, they promote bone retention. When teeth roots are missing, the jaw begins to shrink and deteriorate. Traditional dentures, partials, and bridges do nothing to deter jawbone degeneration.

## Why You Shouldn’t Procrastinate

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People point to an array of excuses for not getting dental treatments immediately after being diagnosed. Many feel overwhelmed by busy schedules and settle for putting off the procedure until it’s painfully essential. Others may be nervous about the procedure or the cost. Still others may have extenuating circumstances, such as a sick parent, which make dental appointments a very low priority.

It’s easy to make excuses, but the truth is, it’s absolutely essential to get your procedure done as soon as possible after being diagnosed. Waiting to get dental treatments can lead to a host of problems, including infection, tooth loss, bone loss or even serious health concerns. Here are the potential problems:

### **Bone Loss:**

When you are missing a tooth, the bone of your jaw naturally begins to recede.

Going as little as 12 months with a missing tooth (including extractions) can cause the bone to atrophy: that is, bone density and height decrease and deteriorate almost immediately. A year into that process means that instead of a single dental implant, you may face bone grafting surgery as well. The bone grafting procedure adds a layer of complexity and costs above and beyond a simple dental implant.

### **Complications & Pain:**

The longer you wait to get something treated, the more serious it becomes. Ultimately, that will often lead to more time and stress than if you'd just made the appointment immediately.

Having a problem with your mouth impacts everything. The risk of not getting dental procedures when you need them is that you may develop pain. Every meal will become tortuous, and simply just talking could be uncomfortable. That's no way to live.



### **Added Expenses:**

Emergency dental treatment or seeing the dentist for a procedure after-hours usually means paying a premium. These emergency moments often lead patients down the expensive road of patchwork dentistry. You may spend thousands of dollars on small fixes that over time end up costing a fortune. Once you decide to fix the entire problem, all future dental issues are reduced. You will no longer be riding the merry-go-round of constant dental appointments and short-term fixes. Anchored dentures are a long term solution.

The bottom line, procrastination is expensive and can prolong your misery.

### **Health Issues:**

Not taking care of your teeth impacts more than your oral health. Studies have linked bad dental care to a variety of poor, or even deadly, health outcomes.

There are clear associations between gum disease and other systemic issues, such as heart disease, diabetes and respiratory disease, to name a few. Dental examinations can also identify oral cancer, digestive issues and bone health problems.



## **Considering Anchored Dentures? What you need to know:**

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Getting an anchored denture can be a great idea for a number of reasons. Above all else, anchored dentures can give you a set of functioning teeth that can often make people look younger.

Nonetheless, there are a number of questions that people have before actually going forward with treatment.

### **1) Are you a candidate for dental implant anchored dentures?**

There are certain requirements for implant-based dentures. The upper and lower jawbone must meet thresholds for strength and density. This is because the implants which are set in your bone will simulate the root of the tooth. When the bone is strong enough to hold the implants, it provides a reliable base to snap-in the new dentures. If you are concerned about the strength or density of your jaw, don't be discouraged. It's easy to find out by scheduling a free consultation and 3-D Cat Scan.

Based on your unique circumstances, Renew may be a good option for you. It just depends on how many healthy teeth you have, the functional life

expectancy of your existing teeth, the health of your jawbone, your overall medical health and well-being, and how comfortable you are with traditional denture solutions versus today's technologically advanced implant anchored solutions.

If there is an issue that prevents you from obtaining our full-mouth solution, our team will go through the diagnostics with you and often times can provide a referral for treatment with a partner provider depending on your specific needs.



The low-end cost for a full-mouth restoration (upper and lower arches) is about \$11,000, a reasonable financial investment compared to a mouthful of single implants (which could run \$160,000). A dental practice representing that they can provide a complete-mouth restoration starting at \$1,000 is not providing accurate information. At a minimum, such a procedure requires at least 4 implants and would "start" at a figure closer to \$9,000, although probably much higher when considering extractions and prosthetic costs.

Also beware of the many providers out there that offer a lesser quality denture at unusually low prices or don't include all of the costs in their quotes. Make sure you are comparing apples to apples when doing the research as some dentures may seem less expensive on the surface but are more expensive in the long run. Often, these cheap traditional dentures are made with acrylic that has tiny bubbles that can house bacteria and stain more easily. Sometimes, you even have to pay for adjustments. Renew, with its exclusive Renew Anchored Denture System, is committed to an exceptional fit and finish with an experience that makes you feel like family.

## 2) What are the true costs of implant dentures?

Watch out for the bait and switch. The latest TV ads by a national denture provider state that patients can get implant supported dentures for as little as \$1,000. Sounds good, right? If you need implant supported dentures, then you need a full-mouth restoration. That means all of your teeth. 32 teeth. A dental implant "starting at \$1,000" is not the same thing as the price for implant-supported dentures. Pitching "low-cost dentures with dental implants at \$1,000" is akin to a car dealer marketing itself as selling "Economical Cars (and Tires), Starting at \$70." As the consumer, you know the cost will never be \$70. To clarify, denture supported implants normally require four implants per arch to secure these bridges. The aim of this inaccurate narrative is to get you to call in using prices and terms that lead you to believe you've discovered an "affordable" denture implant solution. Inevitably, sticker shock and disappointment sets in after you find out the true cost. For perspective, a single tooth implant actually starts at about \$2,400, including the implant, abutment and crown. Most doctors actually charge \$5,000 a tooth.



## 3) Am I seeing a qualified denture expert?

If you were having a heart problem, you would go to a cardiologist, not a family practitioner. If you are getting dentures, you should make sure you go to a denture expert who crafts thousands of one-day dentures a year. The team at Renew has over 60 years of experience in one-day denture treatments. Our doctors focus solely on this procedure to ensure our patients get the highest quality solution.

#### 4) One day? Really?

Each Renew Center has a laboratory right on-site. The day of your procedure, the lab technician will custom-fabricate your new Renew smile which gives our patients the freedom to walk out our doors with a brand new smile. With lab technicians in our Centers, changes and modifications can be made instantly.

### Why Renew Anchored Dentures

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Renew's advanced anchor-supported denture system includes dental implants on the top jaw, in most cases, and on the bottom jaw that offer a way to keep dentures in place while allowing you to go about your daily life with confidence.

Renew performs a full-mouth restoration service at an affordable price. This means we provide both upper and lower arch replacements supported by dental implants, not just an upper arch and not just a lower arch. Nor do we perform single-tooth implant procedures. But if you are suffering with missing and failing teeth or are wearing ill-fitting traditional dentures, Renew could be right for you. You owe it to yourself to come in for a free consultation.

"At Renew, we provide an option for people who can't afford expensive fixed dentures, but are in need of a solution to eat and look better," says Dr. Camillo DiLizia, Chief Dental Medical Officer at Renew.

Renew provides patients who are not happy with their often embarrassing ill-fitting dentures, a stable, beautiful solution. We also treat patients who are suffering with missing and failing teeth and are looking for a high-quality, cost-effective treatment option.

"The new way of doing anchored dentures is not what your grandmother had or even what your parents had," says our Doctor at Renew's Colorado Springs clinic. "This is something new, better and will change your life."

The first step is to schedule a free consultation at Renew Anchored Dentures. During this appointment, we will do a CatScan of the mouth so that Renew doctors can determine whether or not a patient is a good candidate for anchored dentures.

If the patient is a candidate, our team can move forward with treatment including placing the implants and custom



fabricating the dentures. The patient usually leaves that day with a full set of functioning teeth. Once a patient has healed, they will return to our office to have the dentures snapped in place.

Renew's revolutionary anchored denture system typically involves placing dental implants in each arch of the jaw. Renew offers a removable full-arch denture that snaps onto the implants. Unlike regular dentures, in most cases, the Renew solution does not cover the roof of your mouth, restrict your food choices or need to be replaced frequently. If taken care of, dental implant supported dentures can function properly for the rest of your life.

At Renew, our anchored denture solutions can stop the pain and suffering while giving you a healthy, beautiful smile.

### Have Questions?

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Whether you're finally ready to get your teeth back or just want to get rid of your dentures, Renew is here to help. We'll make sure your teeth are the absolute last thing on your mind the next time you eat, speak or smile. In other words, you'll be able to enjoy life again.

Having dental work done is never an easy decision. But procrastinating isn't the answer. We have many happy stories from patients - people who have walked in your shoes - who tell us they wish they would have come to see us sooner.

The fastest and easiest way to your better life is to make an appointment and keep the appointment. We'll take care of the rest. To learn more about implant-anchored dentures and what they can do for you, please schedule your free consultation today.